

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Certificate in Fashion Design Fundamentals

Foundation Level



LAPT — London Academy of Professional Training

Address 85 Great Portland Street, W1W 7LT, London, United Kingdom

Email info@lapt.org

Telephone +44 7513 283044

Web lapt.org

Reference FS-FDA-F • Fashion Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	FS-FDA-F
AWARD	Certificate
ASSESSMENT	450 marks — 270 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Fashion Illustration 4 chapters · 20 classes 65 marks	• 1 Understanding Fashion Figure Proportions — 5 classes › 1.1 Exploring Basic Human Proportions › 1.2 Identifying Key Fashion Figure Landmarks › 1.3 Analyzing Different Fashion Figure Styles › 1.4 Comparing Proportional Differences by Gender › 1.5 Constructing Fashion Figures from Basic Shapes • 2 Techniques for Sketching Garments — 5 classes › 2.1 Exploring Basic Lines and Shapes in Fashion Sketching › 2.2 Capturing Movement and Proportion in Garment Sketches › 2.3 Detailing Fabrics and Textures through Sketching Techniques › 2.4 Illustrating Fashion Accessories and Embellishments › 2.5 Applying Color Theory in Fashion Illustrations • 3 Rendering Fabrics and Textures — 5 classes › 3.1 Understanding the Basics of Fabric Textures › 3.2 Identifying Fabric Types through Illustration › 3.3 Techniques for Shading and Highlighting Textures › 3.4 Applying Mixed Media to Enhance Fabric Realism › 3.5 Creating a Complete Fashion Illustration with Lifelike Textures • 4 Developing a Personal Illustration Style — 5 classes › 4.1 Understanding Core Illustration Techniques › 4.2 Exploring Classic and Contemporary Fashion Styles › 4.3 Identifying Inspirations for Your Unique Style › 4.4 Experimenting with Media and Tools for Fashion Illustration › 4.5 Synthesising Elements to Develop a Signature Style
2 Fashion Trends and History 4 chapters · 20 classes 45 marks	• 1 The Evolution of Fashion: Key Historical Eras — 5 classes › 1.1 Uncovering Ancient Styles: The Birth of Fashion › 1.2 Tracing Textiles: Influence of the Renaissance Era › 1.3 Decoding Designs: The Victorian Fashion Revolution › 1.4 Exploring Modernism: The Roaring Twenties to Mid-Century › 1.5 Analyzing Trends: The Influence of Late 20th Century Fashion • 2 Icons and Innovators: Influential Figures in Fashion — 5 classes › 2.1 Discovering Pioneers: Tracing the Origins of Fashion Icons › 2.2 Analyzing Impact: How Iconic Designers Shaped Fashion History › 2.3 Exploring Innovation: The Role of Creativity in Fashion Evolution › 2.4 Identifying Modern Influencers: Contemporary Figures in Fashion › 2.5 Connecting Past and Present: Lessons from Fashion Innovators • 3 Understanding Fashion Cycles: Recurrence and Reinvention — 5 classes › 3.1 Exploring Historical Fashion Cycles › 3.2 Identifying Patterns of Recurrence in Fashion › 3.3 Analyzing Modern Reinterpretations of Past Trends › 3.4 Comparing Influences of Culture on Fashion Cycles › 3.5 Applying Fashion Cycle Knowledge to Current Trends • 4 Forecasting the Future: Analyzing Emerging Trends — 5 classes › 4.1 Understanding Fashion Forecasting: Key Concepts and Models › 4.2 Analyzing Societal Influences: How Culture Shapes Trends › 4.3 Identifying Emerging Patterns: Tools and Techniques for Trend Analysis › 4.4 Interpreting Trend Reports: Extracting Insights from Data › 4.5 Applying Trend Forecasts: Creating Future-Forward Designs

3

Garment Construction

4 chapters · 20 classes **115 marks**

• 1 Understanding Fabrics and Textile Basics — 5 classes

- › 1.1 Identifying Common Textiles: Properties and Uses
- › 1.2 Exploring Fabric Fibers: Natural vs. Synthetic
- › 1.3 Understanding Fabric Weaves: Basics and Techniques
- › 1.4 Analyzing Fabric Stretch and Recovery: Significance in Garment Fit
- › 1.5 Assessing Fabric Quality: Tests and Evaluations

• 2 Mastering Basic Sewing Techniques — 5 classes

- › 2.1 Understanding Essential Sewing Tools
- › 2.2 Mastering Basic Stitches by Hand
- › 2.3 Operating a Sewing Machine Effectively
- › 2.4 Creating Seams and Finishing Edges
- › 2.5 Applying Basic Sewing Techniques in Project Work

• 3 Pattern Making and Garment Assembly — 5 classes

- › 3.1 Understanding Basic Pattern Blocks
- › 3.2 Drafting Accurate Body Measurements
- › 3.3 Creating Custom Patterns from Basic Blocks
- › 3.4 Assembling Garments: Sewing Techniques and Tips
- › 3.5 Adjusting Patterns for Perfect Fit and Finish

• 4 Fitting and Alterations — 5 classes

- › 4.1 Understanding Body Measurements for Accurate Fitting
- › 4.2 Identifying Common Fitting Issues and Solutions
- › 4.3 Techniques for Altering Seams and Hems
- › 4.4 Adjusting Patterns for Personalized Fit
- › 4.5 Finalizing Garment Fit through Professional Alterations

4

Introduction to Fashion Design

4 chapters · 20 classes **90 marks**

• 1 Understanding Fashion Design: Concepts and Context — 5 classes

- › 1.1 Exploring Key Fashion Design Concepts
- › 1.2 Analyzing Fashion Trends and Influences
- › 1.3 Understanding the Role of a Fashion Designer
- › 1.4 Identifying Elements of Fashion Design
- › 1.5 Applying Fashion Design Principles in Context

• 2 Textile Selection and Fashion Illustration Basics — 5 classes

- › 2.1 Understanding Textile Properties and Uses
- › 2.2 Identifying Fabric Types for Fashion Design
- › 2.3 Developing Basic Fashion Sketching Techniques
- › 2.4 Applying Textiles in Fashion Illustrations
- › 2.5 Critiquing and Refining Fashion Illustration Skills

• 3 Garment Construction Techniques — 5 classes

- › 3.1 Understanding Fabric Types and Their Impact on Construction
- › 3.2 Exploring Basic Stitching Techniques
- › 3.3 Mastering Seams and Seam Finishes
- › 3.4 Constructing Simple Garment Components
- › 3.5 Applying Fastenings and Closures to Garments

• 4 Creating a Fashion Design Portfolio — 5 classes

- › 4.1 Understanding the Purpose of a Fashion Design Portfolio
- › 4.2 Selecting Key Pieces for Your Portfolio
- › 4.3 Organizing Your Portfolio for Impact
- › 4.4 Crafting a Personal Narrative through Your Portfolio
- › 4.5 Presenting and Refining Your Portfolio for Evaluations

5

Portfolio Development

4 chapters · 20 classes **45 marks**

• 1 Understanding Fashion Design Concepts — 5 classes

- › 1.1 Exploring the Influences of Fashion History
- › 1.2 Analyzing Key Elements of Fashion Design
- › 1.3 Understanding Colour Theory in Fashion
- › 1.4 Identifying Textures and Fabrics
- › 1.5 Applying Concepts to Sketchbook Designs

• 2 Research and Inspiration Sourcing — 5 classes

- › 2.1 Understanding the Role of Research in Fashion Design
- › 2.2 Identifying Sources of Inspiration in Fashion History
- › 2.3 Engaging with Contemporary Fashion Influences
- › 2.4 Analyzing Trends and their Impact on Design Concepts
- › 2.5 Developing a Mood Board to Synthesize Inspiration

• 3 Developing Fashion Illustrations and Technical Drawings — 5 classes

- › 3.1 Understanding Fashion Illustration Basics
- › 3.2 Mastering Proportions and Anatomy in Fashion Sketches
- › 3.3 Exploring Various Fashion Illustration Styles
- › 3.4 Crafting Accurate Technical Drawings
- › 3.5 Translating Designs into Portfolio-Ready Illustrations

• 4 Curating and Presenting a Professional Portfolio — 5 classes

- › 4.1 Understanding the Purpose of a Professional Portfolio
- › 4.2 Selecting and Curating Your Best Work
- › 4.3 Crafting a Compelling Narrative for Your Portfolio
- › 4.4 Designing a Visually Cohesive Portfolio Layout
- › 4.5 Presenting Your Portfolio with Confidence

• 1 Understanding Textile Fibers and Fabrics — 5 classes

- › 1.1 Exploring Natural and Synthetic Fibers
- › 1.2 Identifying Fiber Characteristics and Properties
- › 1.3 Understanding Fabric Construction Techniques
- › 1.4 Comparing Weaves, Knits, and Non-Woven Fabrics
- › 1.5 Analyzing Fabric Performance and Suitability for Fashion

• 2 Fabric Construction Techniques — 5 classes

- › 2.1 Understanding Fabric Weaving Techniques
- › 2.2 Exploring Knitting Methods and Applications
- › 2.3 Mastering Non-Woven Fabric Production
- › 2.4 Analyzing the Functionality of Textile Finishes
- › 2.5 Implementing Sustainable Fabric Construction Practices

• 3 Surface Design and Fabric Manipulation — 5 classes

- › 3.1 Exploring Surface Design Techniques
- › 3.2 Understanding Fabric Manipulation Basics
- › 3.3 Creating Textured Surfaces: Pleating and Gathering
- › 3.4 Designing with Dye and Print Methods
- › 3.5 Crafting Embellishments: Embroidery and Appliqué

• 4 Textile Testing and Quality Control — 5 classes

- › 4.1 Understanding Textile Testing Basics
- › 4.2 Exploring Common Textile Testing Methods
- › 4.3 Analyzing Quality Control Standards
- › 4.4 Comparing Test Results to Standards
- › 4.5 Applying Quality Control in Fashion Design