

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Fundamentals of Hair Health & Styling

Workshop Level



LAPT — London Academy of Professional Training

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Reference BE-HST-W • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	BE-HST-W
AWARD	Certificate
ASSESSMENT	440 marks — 264 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Basic Hair Styling Techniques 3 chapters · 12 classes 65 marks	
• 1 Understanding Hair Types and Characteristics — 4 classes › 1.1 Identifying Different Hair Types › 1.2 Exploring Hair Characteristics › 1.3 Analyzing Factors Affecting Hair Health › 1.4 Matching Styling Techniques to Hair Types • 2 Mastering Basic Hair Styling Tools and Products — 4 classes › 2.1 Identifying Essential Hair Styling Tools › 2.2 Exploring Hair Product Categories and Uses › 2.3 Demonstrating Basic Techniques with Hair Tools › 2.4 Selecting the Right Products for Different Hair Types	• 3 Executing Foundational Hair Styling Techniques — 4 classes › 3.1 Understanding Hair Textures and Types › 3.2 Mastering the Use of Styling Tools › 3.3 Demonstrating Basic Hair Styling Techniques › 3.4 Applying Styles to Enhance Hair Structure
2 Client Communication Skills 3 chapters · 12 classes 65 marks	
• 1 Understanding Client Needs and Expectations — 4 classes › 1.1 Identifying Client Hair Health Concerns › 1.2 Interpreting Client Expectations for Hair Styling › 1.3 Building Effective Client Communication Strategies › 1.4 Applying Active Listening Techniques in Client Consultations • 2 Building Client Rapport and Trust — 4 classes › 2.1 Understanding Client Needs and Preferences › 2.2 Demonstrating Active Listening Techniques › 2.3 Establishing Trust Through Professional Integrity › 2.4 Strengthening Rapport with Effective Communication	• 3 Effective Communication for Hair Styling Consultations — 4 classes › 3.1 Understanding the Basics of Client Communication › 3.2 Building Rapport and Trust with Clients › 3.3 Active Listening Techniques for Hairstylists › 3.4 Applying Consultation Feedback to Hairstyling Decisions

3

Fundamentals of Trichology

3 chapters · 12 classes

65 marks

• 1 Understanding Hair Structure and Growth — 4 classes

- › 1.1 Identifying the Components of Hair Structure
- › 1.2 Exploring the Phases of Hair Growth
- › 1.3 Analyzing Factors Affecting Hair Health
- › 1.4 Applying Knowledge to Hair Styling Techniques

• 2 Common Scalp and Hair Conditions — 4 classes

- › 2.1 Understanding Scalp Anatomy and Health
- › 2.2 Identifying Common Scalp Disorders
- › 2.3 Exploring Hair Shaft Conditions
- › 2.4 Applying Solutions to Promote Hair and Scalp Wellbeing

• 3 Trichological Treatments and Hair Care Regimens — 4 classes

- › 3.1 Understanding Hair Types and Their Needs
- › 3.2 Exploring Common Trichological Treatments
- › 3.3 Developing Personalized Hair Care Regimens
- › 3.4 Evaluating the Effectiveness of Hair Treatments

4

Introduction to Hair Products

3 chapters · 12 classes

65 marks

• 1 Understanding Hair Product Composition and Chemistry — 4 classes

- › 1.1 Exploring the Structure of Hair: Building Blocks for Health
- › 1.2 Analyzing Ingredients: Common Compounds in Hair Products
- › 1.3 Understanding pH and Its Impact on Hair Care
- › 1.4 Selecting Products Based on Hair Chemistry Needs

• 2 Analyzing Hair Types and Appropriate Product Selection — 4 classes

- › 2.1 Identifying Different Hair Types and Their Characteristics
- › 2.2 Understanding the Impact of Hair Porosity on Product Selection
- › 2.3 Matching Hair Care Products to Individual Hair Needs
- › 2.4 Selecting Styling Products for Optimal Hair Health

• 3 Evaluating Trends and Innovations in Hair Product Development — 4 classes

- › 3.1 Exploring Historical Trends in Hair Product Development
- › 3.2 Assessing Current Innovations in Hair Care Products
- › 3.3 Identifying Key Ingredients in Modern Hair Products
- › 3.4 Evaluating the Impact of Emerging Technologies on Hair Styling

5

Introduction to Hair Science

3 chapters · 12 classes

90 marks

• 1 Chapter 1 — Understanding Hair Structure and Composition — 4 classes

- › 1.1 Exploring the Basics of Hair Anatomy
- › 1.2 Identifying Hair Types and Their Characteristics
- › 1.3 Understanding the Chemical Composition of Hair
- › 1.4 Analyzing the Factors Affecting Hair Health

• 2 Chapter 2 — Hair Types and Their Unique Needs — 4 classes

- › 2.1 Understanding Hair Structure and Its Types
- › 2.2 Identifying Unique Characteristics of Different Hair Types
- › 2.3 Exploring Common Challenges for Each Hair Type
- › 2.4 Tailoring Hair Care and Styling Solutions

• 3 Chapter 3 — Hair Physiology and Common Issues — 4 classes

- › 3.1 Understanding Hair Growth Cycles
- › 3.2 Identifying Types and Structures of Hair
- › 3.3 Recognizing Common Hair and Scalp Issues
- › 3.4 Applying Basic Solutions for Hair Health

6

Salon Safety and Hygiene

3 chapters · 12 classes

90 marks

• 1 Understanding Standards and Regulations for Salon Safety — 4 classes

- › 1.1 Recognizing Key Salon Safety Standards
- › 1.2 Identifying Health Regulations in the Salon Environment
- › 1.3 Practicing Effective Hygiene Protocols
- › 1.4 Applying Safety Standards to Daily Salon Operations

• 2 Implementing Hygiene Protocols and Safe Practices — 4 classes

- › 2.1 Understanding Salon Hygiene Standards
- › 2.2 Identifying Potential Contaminants in the Salon
- › 2.3 Implementing Effective Cleaning and Sterilization Techniques
- › 2.4 Practicing Safe Handling of Equipment and Supplies

• 3 Identifying and Managing Hazards in the Salon Environment — 4 classes

- › 3.1 Understanding Common Salon Hazards
- › 3.2 Recognizing Potential Risks in Salon Equipment
- › 3.3 Implementing Effective Hazard Management Strategies
- › 3.4 Applying Safety Protocols in Daily Salon Operations

