

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Certificate in Professional Skin Care

Foundation Level



LAPT — London Academy of Professional Training

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Reference BE-SCT-F • Beauty Centres

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

REFERENCE	BE-SCT-F
AWARD	Certificate
ASSESSMENT	450 marks — 270 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1 Basic Skin Care Techniques 4 chapters · 20 classes 115 marks	• 1 Understanding Skin Types and Conditions — 5 classes › 1.1 Identifying Different Skin Types › 1.2 Analyzing Common Skin Conditions › 1.3 Exploring the Structure and Functions of the Skin › 1.4 Assessing Skin Through Visual and Touch Analysis › 1.5 Customizing Skin Care Routines for Various Skin Types • 2 Essentials of Skin Care Products and Ingredients — 5 classes › 2.1 Understanding Skin Care Product Functions › 2.2 Identifying Common Ingredients in Skin Care › 2.3 Analyzing Ingredient Labels for Safety › 2.4 Comparing Natural vs Synthetic Ingredients › 2.5 Selecting Appropriate Products for Different Skin Types • 3 Developing a Personalized Skin Care Routine — 5 classes › 3.1 Understanding Skin Types and Their Needs › 3.2 Identifying Common Skin Concerns and Conditions › 3.3 Selecting Suitable Skin Care Products › 3.4 Designing a Daily Skin Care Routine › 3.5 Adjusting Your Routine for Seasonal Changes • 4 Basic Facial Techniques and Application — 5 classes › 4.1 Understanding the Basics of Skin Anatomy › 4.2 Identifying Different Skin Types and Conditions › 4.3 Demonstrating Step-by-Step Facial Cleansing Techniques › 4.4 Applying Effective Exfoliation Methods › 4.5 Mastering Facial Massage for Improved Skin Health
2 Client Consultation and Assessment 4 chapters · 20 classes 45 marks	• 1 Understanding Client Needs and Expectations — 5 classes › 1.1 Exploring Client Needs: A Comprehensive Introduction › 1.2 Identifying Client Expectations Through Active Listening › 1.3 Applying Questioning Techniques for Effective Client Assessment › 1.4 Analyzing Client Skin Concerns: Tips and Techniques › 1.5 Formulating Personalized Skin Care Plans • 2 Conducting Skin Analysis with Diagnostic Tools — 5 classes › 2.1 Understanding Skin Types and Conditions › 2.2 Identifying Diagnostic Tools for Skin Analysis › 2.3 Demonstrating the Use of a Wood's Lamp › 2.4 Interpreting Data from Skin Analysis Devices › 2.5 Applying Skin Analysis to Customise Client Treatment Plans • 3 Identifying and Interpreting Skin Conditions — 5 classes › 3.1 Understanding Skin Anatomy and Functions › 3.2 Recognizing Common Skin Conditions › 3.3 Analyzing Client Skin Type and Concerns › 3.4 Using Tools for Effective Skin Assessment › 3.5 Interpreting Assessment Results for Treatment Planning • 4 Developing Tailored Skin Care Plans — 5 classes › 4.1 Understanding Client Needs and Skin Types › 4.2 Analyzing Skin Conditions and Concerns › 4.3 Selecting Appropriate Skin Care Products › 4.4 Designing Customized Skin Care Plans › 4.5 Presenting and Adjusting Skin Care Recommendations

3

Designing Customised Skin Care Plans

4 chapters · 20 classes

45 marks

• 1 Understanding Skin Types and Conditions — 5 classes

- › 1.1 Identifying Different Skin Types
- › 1.2 Analyzing Common Skin Conditions
- › 1.3 Exploring Factors Affecting Skin Health
- › 1.4 Distinguishing Between Temporary and Chronic Conditions
- › 1.5 Customizing Skin Care Plans for Individual Needs

• 2 Assessing Client Needs and Preferences — 5 classes

- › 2.1 Understanding Client Skin Types
- › 2.2 Identifying Client Skin Concerns
- › 2.3 Gathering Information on Lifestyle and Preferences
- › 2.4 Analyzing Client Skin Care History
- › 2.5 Tailoring Skin Care Recommendations

• 3 Formulating Product Recommendations — 5 classes

- › 3.1 Understanding Skin Types and Conditions
- › 3.2 Identifying Key Ingredients for Specific Needs
- › 3.3 Evaluating Product Formulations Effectively
- › 3.4 Tailoring Skin Care Regimens to Clients
- › 3.5 Communicating Recommendations with Clients

• 4 Designing and Implementing Custom Skincare Routines — 5 classes

- › 4.1 Understanding Skin Types and Conditions
- › 4.2 Identifying Client Needs and Preferences
- › 4.3 Selecting Appropriate Skincare Ingredients
- › 4.4 Designing Personalised Skincare Routines
- › 4.5 Implementing and Evaluating Skincare Plans

4

Introduction to Skin Anatomy

4 chapters · 20 classes

90 marks

• 1 Fundamentals of Skin Structure — 5 classes

- › 1.1 Exploring the Layers: An Overview of Skin Structure
- › 1.2 Understanding the Epidermis: Functions and Characteristics
- › 1.3 Analyzing the Dermis: The Role of Connective Tissue
- › 1.4 Examining the Hypodermis: Fat and Its Functions
- › 1.5 Identifying Skin Appendages: Hair, Nails, and Glands

• 2 Cellular Composition and Function — 5 classes

- › 2.1 Understanding the Layers: Overview of Skin Structure
- › 2.2 Identifying Cellular Components: Key Cells in the Skin
- › 2.3 Exploring Functions: How Skin Cells Maintain Balance
- › 2.4 Analyzing Interactions: Communication Between Skin Cells
- › 2.5 Applying Knowledge: Practical Implications for Skin Care

• 3 Skin Physiology and Growth — 5 classes

- › 3.1 Understanding Skin Structure: Layers and Components
- › 3.2 Exploring the Role of the Epidermis: Barrier and Renewal
- › 3.3 Analyzing the Dermis: Function and Importance
- › 3.4 Investigating Skin Growth and Regeneration
- › 3.5 Applying Knowledge: Assessing Skin Health and Vitality

• 4 External Factors and Skin Health — 5 classes

- › 4.1 Understanding External Factors Affecting Skin
- › 4.2 Identifying Environmental Impacts on Skin Health
- › 4.3 Exploring Lifestyle Choices and Skin Condition
- › 4.4 Evaluating the Effect of Diet and Nutrition on Skin
- › 4.5 Applying Protective Measures Against External Stressors

5

Professional Standards and Hygiene

4 chapters · 20 classes

90 marks

• 1 Understanding Professional Standards in Skin Care — 5 classes

- › 1.1 Exploring Professional Standards in Skin Care
- › 1.2 Identifying Key Attributes of a Skin Care Professional
- › 1.3 Understanding Hygiene Protocols in Professional Practice
- › 1.4 Analyzing the Impact of Professional Standards on Client Safety
- › 1.5 Applying Professional Standards to Enhance Skin Care Services

• 2 Principles of Hygiene and Sanitation — 5 classes

- › 2.1 Understanding Hygiene: Concepts and Importance
- › 2.2 Exploring Common Pathogens in Skin Care
- › 2.3 Implementing Personal Sanitation Protocols
- › 2.4 Establishing a Clean Treatment Environment
- › 2.5 Applying Hygiene Standards in Practice

• 3 Implementing Health and Safety Practices — 5 classes

- › 3.1 Understanding Health and Safety Regulations in Skincare
- › 3.2 Identifying Potential Hazards in the Skincare Environment
- › 3.3 Implementing Personal Protective Equipment (PPE) in Skincare
- › 3.4 Practicing Proper Hygiene and Sanitation Techniques
- › 3.5 Creating and Maintaining a Safe Skincare Workspace

• 4 Advanced Hygiene Protocols in Diverse Skin Care Treatments — 5 classes

- › 4.1 Understanding Microbial Contamination in Skin Care
- › 4.2 Implementing Personal Hygiene Protocols in the Treatment Room
- › 4.3 Disinfecting Tools and Equipment for Diverse Skin Types
- › 4.4 Applying Cross-Contamination Prevention Techniques
- › 4.5 Integrating Advanced Hygiene Practices into Client Consultations

• 1 Fundamentals of Skin Anatomy and Physiology — 5 classes

- › 1.1 Understanding Basic Skin Structure
- › 1.2 Exploring Skin Layers and Functions
- › 1.3 Identifying Skin Cell Types and Roles
- › 1.4 Analyzing Skin's Protective Functions
- › 1.5 Applying Knowledge of Skin Physiology to Identify Conditions

• 2 Identifying Common Skin Types — 5 classes

- › 2.1 Understanding Skin Anatomy and Functions
- › 2.2 Differentiating Between Skin Types: Dry, Oily, Combination, and Sensitive
- › 2.3 Identifying Normal Skin Characteristics
- › 2.4 Assessing Skin Type Through Visual and Tactile Analysis
- › 2.5 Applying Knowledge to Recommend Basic Skincare Routines

• 3 Recognizing Dermatological Conditions and Disorders — 5 classes

- › 3.1 Identifying Common Dermatological Conditions
- › 3.2 Analyzing Symptoms of Skin Disorders
- › 3.3 Differentiating Between Skin Condition Types
- › 3.4 Understanding Causes of Dermatological Issues
- › 3.5 Applying Knowledge to Assess Skin Health

• 4 Advanced Techniques in Skin Condition Analysis — 5 classes

- › 4.1 Understanding Skin Types and Characteristics
- › 4.2 Identifying Common Skin Conditions
- › 4.3 Utilizing Diagnostic Tools for Skin Analysis
- › 4.4 Interpreting Skin Analysis Results
- › 4.5 Developing Personalized Skin Care Plans