

LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

Level 1 - Certificate In Lifeguarding, First Aid & CPR

LAPT — London Academy of Professional Training

Address 85 Great Portland Street, W1W 7LT, London, United Kingdom

Email info@lapt.org

Telephone +44 7513 283044

Web lapt.org

UKPRN 10067351 • Registered in England and Wales, company 4984798

AT A GLANCE

AWARD	Certificate
ASSESSMENT	150 marks — 90 to pass (60%)
PREREQUISITES	None
VALIDITY	Lifetime
AWARDING BODY	LAPT — London Academy of Professional Training

CURRICULUM

1

Demo

4 chapters · 20 classes150 marks

• 1 Understanding Aquatic Safety: Principles and Responsibilities — 5 classes

› 1.1 Define Key Concepts of Aquatic Safety

› 1.2 Identify Common Aquatic Hazards and Risks

› 1.3 Explore Lifeguard Responsibilities During Operations

› 1.4 Analyze Emergency Protocols for Aquatic Incidents

› 1.5 Apply Aquatic Safety Principles in Real-Life Scenarios

• 2 Essential First Aid Techniques for Aquatic Environments — 5 classes

› 2.1 Understand the Importance of First Aid in Aquatic Settings

› 2.2 Identify Common Aquatic Injuries and Emergencies

› 2.3 Demonstrate Basic CPR Techniques for Lifeguards

› 2.4 Practice the Recovery Position for Aquatic Incidents

› 2.5 Apply First Aid Skills in Simulated Aquatic Scenarios

• 3 CPR and Emergency Response Procedures — 5 classes

› 3.1 Understand the Importance of CPR in Emergency Situations

› 3.2 Identify the Steps of CPR: A Step-by-Step Guide

› 3.3 Demonstrate Proper CPR Techniques on a Manikin

› 3.4 Recognize Signs Indicating the Need for CPR and Emergency Response

› 3.5 Practice Emergency Response Scenarios and Role-Playing

• 4 Risk Assessment and Management in Hospitality Aquatic Facilities — 5 classes

› 4.1 Identify Common Risks in Aquatic Facilities

› 4.2 Assess and Evaluate Risk Levels in Hospitality Settings

› 4.3 Develop Effective Risk Management Strategies

› 4.4 Implement Emergency Procedures for Aquatic Incidents

› 4.5 Review and Improve Risk Assessment Practices

LAPT — 85 Great Portland Street, W1W 7LT, London, United Kingdom
info@lapt.org · +44 7513 283044 · lapt.org

UKPRN 10067351 · Company 4984798
Curriculum current at the date of issue.