LAPT

LONDON ACADEMY OF PROFESSIONAL TRAINING

CERTIFICATE

# Certificate in Skin Care and Facial Therapy




**LAPT — London Academy of Professional Training**

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**Reference** BEA-C06 • Beauty Centres


UKPRN 10067351 • Registered in England and Wales, company 4984798

| 4 | 111 | 665 | 400 | 60% | Lifetime |
|---|---|---|---|---|---|
| SUBJECTS | CHAPTERS | CLASSES | TOTAL MARKS | PASS MARK | VALIDITY |

## AT A GLANCE

| | |
|---|---|
| REFERENCE | **BEA-C06** |
| AWARD | **Certificate** |
| ASSESSMENT | **400 marks — 240 to pass (60%)** |
| PREREQUISITES | **None** |
| VALIDITY | **Lifetime** |
| AWARDING BODY | **LAPT — London Academy of Professional Training** |

## CURRICULUM

1 **Facial and Skin Care Treatments** 46 chapters · 231 classes **100 marks**

- **1 Understanding Skin Types and Conditions** — 5 classes
  - 1.1 Identifying Different Skin Types
  - 1.2 Analyzing Common Skin Conditions
  - 1.3 Exploring the Structure and Functions of the Skin
  - 1.4 Assessing Skin Through Visual and Touch Analysis
  - 1.5 Customizing Skin Care Routines for Various Skin Types
- **2 Basic Facial Techniques and Tools** — 5 classes
  - 2.1 Understanding Skin Types and Conditions
  - 2.2 Identifying and Preparing Facial Tools
  - 2.3 Demonstrating Basic Cleansing Techniques
  - 2.4 Applying Effective Exfoliation Methods
  - 2.5 Practicing Relaxation and Massage Movements
- **3 Facial Massage and Lymphatic Drainage** — 5 classes
  - 3.1 Understanding Facial Anatomy for Massage
  - 3.2 Mastering Basic Facial Massage Techniques
  - 3.3 Exploring the Benefits of Lymphatic Drainage
  - 3.4 Practicing Techniques for Lymphatic Stimulation
  - 3.5 Evaluating the Effects of Facial Massage
- **4 Introduction to Facial Treatments and Products** — 5 classes
  - 4.1 Understanding the Basics of Facial Treatments
  - 4.2 Identifying and Analyzing Skin Types
  - 4.3 Exploring Common Facial Products and Their Uses
  - 4.4 Selecting Suitable Products for Different Skin Concerns
  - 4.5 Applying Foundational Facial Techniques Step-by-Step
- **1 Chapter 1 — Understanding Skin Anatomy and Physiology** — 5 classes
  - 1.1 Exploring the Layers of the Skin
  - 1.2 Identifying Skin Types and Conditions
  - 1.3 Understanding Skin Functions and Responses
  - 1.4 Analyzing the Role of Skin in Beauty Therapy
  - 1.5 Applying Skin Anatomy Knowledge in Treatments
- **2 Chapter 2 — Skin Analysis Techniques and Tools** — 5 classes
  - 2.1 Understanding Skin Types and Conditions
  - 2.2 Identifying Common Skin Concerns
  - 2.3 Utilizing Skin Analysis Tools Effectively
  - 2.4 Conducting a Comprehensive Skin Assessment
  - 2.5 Interpreting and Recording Skin Analysis Results
- **3 Chapter 3 — Cleansing, Exfoliation, and Toning Procedures** — 5 classes
  - 3.1 Understanding Skin Types for Effective Cleansing
  - 3.2 Selecting and Using Cleansing Products
  - 3.3 Mastering Techniques for Exfoliation
  - 3.4 Applying Toning Techniques for Skin Balance
  - 3.5 Integrating Cleansing, Exfoliation, and Toning in Routine
- **4 Chapter 4 — Application of Facial Treatments and Aftercare** — 5 classes
  - 4.1 Understanding Skin Types and Conditions
  - 4.2 Selecting Appropriate Facial Products
  - 4.3 Performing a Basic Facial Treatment
  - 4.4 Customizing Treatments for Individual Needs
  - 4.5 Implementing Post-Treatment Aftercare
- **1 Understanding Skin Physiology and Anatomy** — 6 classes
  - 1.1 Exploring the Layers: Understanding Skin Structure
  - 1.2 The Role of Cells: Key Components in Skin Physiology
  - 1.3 Investigating Skin Functions: Protection, Regulation, and Sensation
  - 1.4 Analyzing Skin Types and Conditions: Identifying Individual Needs
  - 1.5 The Impact of Lifestyle: Nutrition, Stress, and Skin Health
  - 1.6 Integrating Knowledge: Applying Anatomy and Physiology to Treatments
- **2 Advanced Skin Analysis Techniques** — 6 classes
  - 2.1 Understanding Skin Structure and Function
  - 2.2 Identifying Skin Types and Conditions
  - 2.3 Utilizing Advanced Skin Diagnostic Tools
  - 2.4 Conducting In-Depth Skin Assessments
  - 2.5 Interpreting Skin Analysis Results
- **1 Fundamentals of Skin Anatomy and Physiology** — 4 classes
  - 1.1 Exploring Skin Structure: Layers and Functions
  - 1.2 Understanding Skin Physiology: How Skin Responds to Treatments
  - 1.3 Identifying Skin Types: Practical Assessment Techniques
  - 1.4 Applying Knowledge: Tailoring Treatments for Different Skin Conditions
- **2 Essential Skin Care Techniques and Tools** — 4 classes
  - 2.1 Understanding Skin Types and Their Needs
  - 2.2 Mastering Cleansing Techniques for Optimal Skin Health
  - 2.3 Exfoliation Essentials: Tools and Techniques for Radiant Skin
  - 2.4 Moisturizing Methods: Choosing and Applying the Right Products
- **3 Advanced Therapeutic Treatments and Protocols** — 4 classes
  - 3.1 Exploring Advanced Chemical Peels: Techniques and Applications
  - 3.2 Mastering Microneedling: Protocols for Optimal Results
  - 3.3 Integrating LED Therapy: Practical Uses in Skin Treatments
  - 3.4 Understanding and Applying PRP Therapy: A Hands-On Approach
- **1 Cleansing the Skin** — 4 classes
  - 1.1 Why Cleansing Matters
  - 1.2 Choosing a Cleanser for Each Skin Type
  - 1.3 Cleansing Steps with Cotton and Hands
  - 1.4 Removing Make-Up Gently
- **2 Toning and Moisturising** — 4 classes
  - 2.1 What Toner Does for the Skin
  - 2.2 Applying Toner Correctly
  - 2.3 Moisturiser Choice and Amount
  - 2.4 Neck and Eye Area Care
- **3 Building a Daily Routine** — 4 classes
  - 3.1 Morning Routine Step by Step
  - 3.2 Evening Routine Step by Step
  - 3.3 Weekly Extras for Healthy Skin
  - 3.4 Creating a Routine for a Client
- **1 Cleansers and Masks** — 4 classes
  - 1.1 Types of Cleansers
  - 1.2 Clay, Cream and Gel Masks
  - 1.3 Reading Product Labels
  - 1.4 Patch Testing Basics
- **2 Serums and Treatment Products** — 4 classes
  - 2.1 What a Serum Does
  - 2.2 Hydrating and Brightening Serums
  - 2.3 Gentle Exfoliants for Beginners
  - 2.4 Eye Creams and Lip Care
- **3 Sun Protection and Product Choice** — 4 classes
  - 3.1 Why Sun Protection Matters
  - 3.2 Understanding SPF
  - 3.3 Matching Products to Skin Type
  - 3.4 Storing and Using Products Safely
- **1 Preparing for the Mini Facial** — 4 classes
  - 1.1 Planning the Mini Facial
  - 1.2 Preparing Your Model
  - 1.3 Gathering Products and Tools
  - 1.4 Safety Checks Before Starting
- **2 Mini Facial Practice** — 4 classes
  - 2.1 Cleansing and Toning the Face
  - 2.2 Gentle Massage Movements
  - 2.3 Applying and Removing a Mask
  - 2.4 Finishing with Moisturiser
- **3 Review and Next Steps** — 4 classes
  - 3.1 Gathering Feedback from Your Model
  - 3.2 Reflecting on Your Practice
  - 3.3 Foundation Certificate Overview
  - 3.4 Planning Your Skin Care Journey
- **1 Types of Facial Treatments** — 6 classes
  - 1.1 Understanding Different Facial Types

2 **Skin Analysis and Treatment Planning** 33 chapters · 194 classes **100 marks**

- **1 Understanding Skin Physiology and Structure** — 6 classes
  - 1.1 Exploring Skin Physiology Basics
  - 1.2 Identifying Skin Layers and Functions
  - 1.3 Examining Skin Barrier Mechanisms
  - 1.4 Understanding Skin Types and Conditions
  - 1.5 Assessing Skin Health Indicators
  - 1.6 Applying Skin Analysis Techniques
- **2 Skin Types and Conditions Identification** — 6 classes
  - 2.1 Recognizing the Characteristics of Normal Skin
  - 2.2 Identifying the Traits of Dry Skin
  - 2.3 Understanding the Properties of Oily Skin
  - 2.4 Analyzing Combination Skin: Balancing Dry and Oily Areas
  - 2.5 Detecting Common Skin Conditions: Acne, Rosacea, and More
  - 2.6 Applying Diagnostic Techniques for Accurate Skin Type Identification
- **3 Advanced Skin Assessment Techniques** — 6 classes
  - 3.1 Understanding Skin Anatomy and Physiology
  - 3.2 Identifying Skin Types and Conditions
  - 3.3 Mastering Visual Inspection Techniques
  - 3.4 Using Advanced Skin Analysis Tools
  - 3.5 Interpreting Skin Data and Results
  - 3.6 Formulating Personalized Treatment Plans
- **4 Interpreting Skin Analysis Results** — 6 classes
  - 4.1 Understanding Basic Skin Parameters
  - 4.2 Identifying Common Skin Concerns
  - 4.3 Analyzing Skin Types and Conditions
  - 4.4 Interpreting Data from Diagnostic Tools
  - 4.5 Linking Skin Analysis to Client Concerns
  - 4.6 Recommending Treatment Based on Analysis
- **5 Tailoring Skin Care Recommendations** — 6 classes
  - 5.1 Understanding Skin Types and Conditions
  - 5.2 Identifying Key Skin Concerns
  - 5.3 Analyzing Skin Health Through Observation
  - 5.4 Selecting Appropriate Products Based on Skin Analysis
  - 5.5 Customizing Skin Care Plans for Individual Needs
  - 5.6 Evaluating and Adjusting Skin Care Recommendations
- **1 Understanding Dermal Healing Processes** — 6 classes
  - 1.1 Exploring the Dermal Layer Anatomy
  - 1.2 Identifying Stages of Dermal Healing
  - 1.3 Analyzing Factors Influencing Healing
  - 1.4 Recognizing Signs of Effective Healing
  - 1.5 Managing Common Post-Treatment Issues
  - 1.6 Implementing Customized Aftercare Plans
- **2 Personalizing Aftercare Protocols** — 6 classes
  - 2.1 Understanding the Importance of Personalized Aftercare
  - 2.2 Assessing Client Needs and Preferences
  - 2.3 Identifying Key Factors for Customizing Aftercare
  - 2.4 Designing Personalized Aftercare Protocols
  - 2.5 Communicating Aftercare Instructions Effectively
  - 2.6 Evaluating and Adjusting Aftercare Plans
- **3 Product Knowledge and Application for Recovery** — 6 classes
  - 3.1 Understanding Recovery: Key Post-Treatment Phases
  - 3.2 Identifying Skin Types: Tailoring Aftercare Products
  - 3.3 Selecting the Right Products: Ingredients and Benefits
  - 3.4 Mastering Product Application: Techniques for Optimal Healing
  - 3.5 Monitoring Client Progress: How to Assess Recovery
  - 3.6 Adjusting Aftercare Protocols: Responding to Client Needs
- **4 Managing Common Complications and Side Effects** — 6 classes
  - 4.1 Identifying Common Dermal Complications
  - 4.2 Understanding Side Effects in Dermal Treatments
  - 4.3 Assessing Severity of Client Reactions
  - 4.4 Implementing First Response Strategies
  - 4.5 Communicating Aftercare Protocols Effectively
  - 4.6 Monitoring Recovery and Enhancing Client Support
- **5 Client Education and Communication Strategies** — 6 classes
- **4 Chapter 4 — Developing a Personalized Treatment Plan** — 6 classes
  - 4.1 Understanding Client Skin Types and Conditions
  - 4.2 Conducting a Detailed Skin Analysis
  - 4.3 Identifying Client Needs and Treatment Goals
  - 4.4 Crafting a Customized Treatment Plan
  - 4.5 Selecting Appropriate Electro-Therapy Techniques
  - 4.6 Evaluating and Adjusting Treatment Plans
- **5 Chapter 5 — Ethical Considerations and Client Consultation in Electro-Therapy** — 6 classes
  - 5.1 Introduction to Ethical Practices in Electro-Therapy
  - 5.2 Identifying Ethical Dilemmas in Client Interactions
  - 5.3 Understanding Client Privacy and Confidentiality
  - 5.4 Conducting Effective and Ethical Client Consultations
  - 5.5 Developing Trust and Rapport with Clients
  - 5.6 Creating Ethical Treatment Plans in Electro-Therapy
- **1 Understanding Client Needs and Expectations** — 6 classes
  - 1.1 Identifying Client Needs through Effective Communication
  - 1.2 Analyzing Client Expectations in Electro-Therapy
  - 1.3 Assessing the Suitability of Electro-Therapy Options
  - 1.4 Bridging the Gap between Client Needs and Treatment Plans
  - 1.5 Utilizing Client Feedback for Treatment Enhancement
  - 1.6 Implementing Client Feedback into Practice
- **2 Conducting Pre-Treatment Consultations** — 6 classes
  - 2.1 Understanding the Importance of Pre-Treatment Consultations
  - 2.2 Identifying Client Needs and Concerns
  - 2.3 Gathering Client Medical History and Information
  - 2.4 Assessing Contraindications and Risks
  - 2.5 Developing Personalized Treatment Plans
  - 2.6 Communicating Consultation Outcomes and Expectations
- **3 Evaluating Treatment Outcomes** — 6 classes
  - 3.1 Understanding Treatment Goals and Expectations
  - 3.2 Analyzing Patient Data for Outcome Assessment
  - 3.3 Identifying Key Indicators of Treatment Success
  - 3.4 Gathering and Interpreting Client Feedback
  - 3.5 Modifying Treatment Plans Based on Evaluations
  - 3.6 Documenting and Communicating Treatment Outcomes
- **4 Collecting and Analyzing Client Feedback** — 6 classes
  - 4.1 Understanding the Importance of Client Feedback
  - 4.2 Exploring Methods for Collecting Client Feedback
  - 4.3 Designing Effective Client Feedback Surveys
  - 4.4 Analyzing Client Feedback Data for Insights
  - 4.5 Implementing Feedback to Enhance Treatments
  - 4.6 Evaluating the Impact of Feedback on Client Satisfaction
- **5 Implementing Feedback for Treatment Enhancement** — 6 classes
  - 5.1 Understanding Client Feedback Mechanisms
  - 5.2 Analyzing Feedback Data for Treatment Insights
  - 5.3 Identifying Key Areas for Treatment Enhancement
  - 5.4 Developing Action Plans Based on Client Feedback
  - 5.5 Implementing Adjustments to Electro-Therapy Protocols
  - 5.6 Evaluating the Impact of Changes on Client Outcomes
- **1 Fundamentals of Skin Structure and Functions** — 6 classes
  - 1.1 Exploring the Layers of Skin
  - 1.2 Understanding Skin Cell Functionality
  - 1.3 Analyzing the Role of the Epidermis
  - 1.4 Examining the Dermis and Its Components
  - 1.5 Assessing the Skin's Barrier Function
  - 1.6 Applying Knowledge to Skin Health Assessments
- **2 Advanced Skin Typing and Conditions** — 6 classes
  - 2.1 Exploring Advanced Skin Typing Methods
  - 2.2 Identifying Complex Skin Conditions
  - 2.3 Analyzing the Impact of Environment on Skin
  - 2.4 Evaluating Skin Through Diagnostic Tools
  - 2.5 Distinguishing Between Similar Skin Disorders
  - 2.6 Applying Skin Typing Knowledge in Practice

3 **Electro-Therapy and Skin Technology** 16 chapters · 120 classes **100 marks**

- **1 Understanding Electro-Therapy Foundations** — 6 classes
  - 1.1 Exploring the History and Evolution of Electro-Therapy
  - 1.2 Understanding the Science Behind Electric Currents in Therapy
  - 1.3 Identifying Key Electro-Therapy Devices and Their Functions
  - 1.4 Examining Safety Standards and Protocols for Electro-Therapy
  - 1.5 Learning About Patient Assessment and Contraindications
  - 1.6 Integrating Electro-Therapy Techniques into Treatment Plans
- **2 Electro-Therapy Devices and Equipment** — 6 classes
  - 2.1 Understanding the Fundamentals of Electro-Therapy Devices
  - 2.2 Exploring Different Types of Electro-Therapy Equipment
  - 2.3 Demonstrating the Operating Principles of Devices
  - 2.4 Ensuring Safety and Maintenance of Electro-Therapy Equipment
  - 2.5 Analyzing Device Specifications and Manuals
  - 2.6 Applying Electro-Therapy Devices in Practical Scenarios
- **3 Skin Physiology and Electro-Therapy Interactions** — 6 classes
  - 3.1 Understanding Skin Physiology Basics
  - 3.2 Exploring Skin Layers and Their Functions
  - 3.3 Analyzing Electro-Therapy Effects on Skin Tissues
  - 3.4 Investigating Skin Responses to Electric Currents
  - 3.5 Evaluating Safety Measures in Electro-Therapy
  - 3.6 Applying Electro-Therapy Techniques to Real-World Scenarios
- **4 Treatment Techniques and Modalities** — 6 classes
  - 4.1 Exploring Basic Electro-Therapy Techniques
  - 4.2 Understanding Electrodes and Their Applications
  - 4.3 Demonstrating Safety Protocols in Electro-Therapy
  - 4.4 Identifying Suitable Modalities for Specific Conditions
  - 4.5 Applying Frequency Variations in Treatments
  - 4.6 Evaluating Treatment Outcomes and Adjustments
- **5 Advanced Electro-Therapy Practices** — 6 classes
  - 5.1 Exploring Advanced Electro-Therapy Modalities
  - 5.2 Understanding the Mechanisms of Action in Electro-Therapy
  - 5.3 Integrating Safety Protocols in Electro-Therapy Practices
  - 5.4 Analyzing Patient Response to Advanced Electro-Therapy
  - 5.5 Evaluating Case Studies in Electro-Therapy Applications
  - 5.6 Developing Treatment Plans with Advanced Electro-Therapy Techniques
- **1 Fundamentals of Skin Anatomy and Physiology in Electro-Therapy** — 6 classes
  - 1.1 Understanding the Structure of the Skin
  - 1.2 Exploring Skin Layers and Their Functions
  - 1.3 Examining the Role of Skin Receptors in Electro-Therapy
  - 1.4 Analyzing the Effects of Electric Currents on Skin Physiology
  - 1.5 Identifying Skin Conditions Suitable for Electro-Therapy
  - 1.6 Applying Skin Anatomy Knowledge in Electro-Therapy Treatments
- **2 Principles of Electro-Therapeutic Modalities** — 6 classes
  - 2.1 Exploring the Fundamentals of Electro-Therapeutic Modalities
  - 2.2 Identifying Different Electrotherapy Techniques and Their Uses
  - 2.3 Understanding the Biological Effects of Electrotherapy on the Body
  - 2.4 Analyzing Safety Protocols in Electro-Therapy Treatments
  - 2.5 Examining Applications of Electro-Therapeutic Modalities for Various Conditions
  - 2.6 Evaluating the Effectiveness of Different Electro-Therapeutic Techniques
- **3 Safety Protocols and Contra-Indications in Electro-Therapy** — 6 classes
  - 3.1 Understand the Basics of Safety in Electro-Therapy
  - 3.2 Identify and Assess Contra-Indications for Electro-Therapy
  - 3.3 Evaluate Potential Risks and Hazards in Electro-Therapy Sessions
  - 3.4 Implement Safe Operating Procedures and Protocols
  - 3.5 Respond to Emergency Situations in Electro-Therapy
  - 3.6 Review and Apply Best Practices for Continued Safety
- **4 Performance Techniques and Equipment Handling** — 6 classes
  - 4.1 Understanding Electro-Therapy Equipment Basics
  - 4.2 Operating Safety Protocols for Electro-Therapy Devices
  - 4.3 Mastering Electrode Placement and Skin Preparation
  - 4.4 Analyzing Different Waveform Modalities for Treatment
  - 4.5 Adjusting Device Settings for Optimal Performance
  - 4.6 Evaluating Equipment Efficiency and Maintenance Needs
- **5 Advanced Electro-Therapy Treatment Integration** — 6 classes
  - 5.1 Understanding Advanced Electro-Therapy Modalities
  - 5.2 Analyzing Patient Assessment and Treatment Planning
  - 5.3 Integrating Electrotherapy Techniques with Manual Therapy
  - 5.4 Customizing Patient Sessions with Advanced Equipment
  - 5.5 Implementing Safety Protocols and Best Practices
  - 5.6 Evaluating Treatment Outcomes and Adjustments
- **11 Electrical Safety and Equipment Maintenance** — 10 classes
  - 11.1 Basic Electricity for Beauty Therapists
  - 11.2 Plugs, Fuses and Earthing Basics
  - 11.3 Portable Appliance Testing Routine
  - 11.4 Daily Equipment Safety Checks
  - 11.5 Cleaning Electrodes and Applicators
  - 11.6 Storing and Transporting Devices
  - 11.7 Reporting and Tagging Faulty Equipment
  - 11.8 Treatment Room Electrical Layout
  - 11.9 Emergency Procedures for Equipment Faults
  - 11.10 Equipment Safety Practical Check
- **12 Galvanic and Microcurrent Facial Treatments** — 10 classes
  - 12.1 Principles of Galvanic Current
  - 12.2 Desincrustation and Iontophoresis Effects
  - 12.3 Contra-Indications to Galvanic Current
  - 12.4 Skin Preparation and Electrode Placement
  - 12.5 Delivering a Desincrustation Treatment
  - 12.6 Principles of Microcurrent
  - 12.7 Microcurrent Facial Toning Routine
  - 12.8 Setting Intensity and Treatment Duration
  - 12.9 Client Sensations and Adverse Reaction Response
  - 12.10 Galvanic and Microcurrent Practical
- **13 High Frequency and Facial Steaming Treatments** — 10 classes
  - 13.1 How High Frequency Current Works
  - 13.2 Direct and Indirect Application Methods
  - 13.3 Treating Congested and Acne-Prone Skin
  - 13.4 Contra-Indications for High Frequency
  - 13.5 Safe Use of Facial Steamers
  - 13.6 Preparing the Client for Heat Treatments
  - 13.7 Timing and Skin Reactions to Watch
  - 13.8 Combining Steam and Extraction Safely
  - 13.9 Cleaning Glass and Metal Electrodes
  - 13.10 High Frequency Practical Assessment
- **14 Dermabrasion, Dermaplaning and Surface Renewal** — 10 classes
  - 14.1 Skin Renewal and the Desquamation Process
  - 14.2 Diamond and Crystal Dermabrasion Methods
  - 14.3 Choosing Suitable Clients for Exfoliation
  - 14.4 Contra-Indications and Skin Sensitivity
  - 14.5 Equipment Setup and Suction Settings
  - 14.6 Delivering a Dermabrasion Treatment
  - 14.7 Dermaplaning Blade Safety and Technique
  - 14.8 Post-Treatment Care and Sun Protection
  - 14.9 Managing Redness and Over-Exfoliation
  - 14.10 Surface Renewal Practical Assessment
- **15 Radio Frequency, Ultrasonic and Body Contouring Devices** — 10 classes
  - 15.1 Principles of Radio Frequency Heating
  - 15.2 Facial Radio Frequency Skin Tightening
  - 15.3 Ultrasonic Treatments and Cavitation Limits
  - 15.4 Vacuum and Mechanical Lymphatic Devices
  - 15.5 Body Contouring Device Safety
  - 15.6 Client Suitability and Medical Screening
  - 15.7 Setting Heat Levels Safely

4 **Eyelash, Eyebrow and Micropigmentation** 16 chapters · 120 classes **100 marks**

- **1 Introduction to Eyelash and Eyebrow Treatments** — 6 classes
  - 1.1 History of Eyelash and Eyebrow Treatments
  - 1.2 Types of Eyelash Extensions
  - 1.3 Understanding Eyebrow Shapes
  - 1.4 Importance of Lash and Brow Care
  - 1.5 Trends in Eyelash and Eyebrow Treatments
  - 1.6 Client Expectations and Outcomes
- **2 Safety and Hygiene Protocols** — 6 classes
  - 2.1 Personal Hygiene Practices
  - 2.2 Sanitization of Tools and Equipment
  - 2.3 Infection Control Measures
  - 2.4 Allergy Awareness and Management
  - 2.5 Client Safety Protocols
  - 2.6 Emergency Procedures in Treatments
- **3 Client Consultation Techniques** — 6 classes
  - 3.1 Conducting Effective Consultations
  - 3.2 Assessing Client Needs
  - 3.3 Building Rapport with Clients
  - 3.4 Documenting Client Information
  - 3.5 Setting Realistic Expectations
  - 3.6 Handling Client Concerns
- **4 Advanced Application Techniques** — 6 classes
  - 4.1 Lash Extension Application Methods
  - 4.2 Brow Shaping Techniques
  - 4.3 Coloring Techniques for Eyebrows
  - 4.4 Volume Lash Application
  - 4.5 Correcting Lash and Brow Mistakes
  - 4.6 Advanced Tools for Application
- **5 Post-Treatment Care and Follow-Up** — 6 classes
  - 5.1 Aftercare Instructions for Clients
  - 5.2 Signs of Complications to Watch For
  - 5.3 Scheduling Follow-Up Appointments
  - 5.4 Maintaining Lash and Brow Health
  - 5.5 Client Feedback Collection
  - 5.6 Recommending Future Treatments
- **1 Introduction to Micropigmentation** — 6 classes
  - 1.1 History of Micropigmentation
  - 1.2 Understanding Skin Anatomy
  - 1.3 Types of Micropigmentation
  - 1.4 Benefits of Micropigmentation
  - 1.5 Common Misconceptions
  - 1.6 Regulatory Considerations
- **2 Tools and Equipment Used** — 6 classes
  - 2.1 Essential Micropigmentation Tools
  - 2.2 Understanding Pigments and Inks
  - 2.3 Safety and Sanitation Equipment
  - 2.4 Machine Types and Functions
  - 2.5 Maintenance of Tools
  - 2.6 Setting Up Your Workspace
- **3 Techniques for Precision and Artistry** — 6 classes
  - 3.1 Strokes and Patterns
  - 3.2 Color Theory in Micropigmentation
  - 3.3 Creating Natural Looks
  - 3.4 Layering Techniques
  - 3.5 Correcting Imperfections
  - 3.6 Advanced Artistic Techniques
- **4 Client Consultation and Design** — 6 classes
  - 4.1 Conducting Effective Consultations
  - 4.2 Understanding Client Needs
  - 4.3 Designing Custom Solutions
  - 4.4 Managing Client Expectations
  - 4.5 Documentation and Consent
  - 4.6 Building Client Relationships
- **5 Aftercare and Maintenance** — 6 classes
  - 5.1 Post-Procedure Care Guidelines
  - 5.2 Signs of Complications
  - 5.3 Maintenance Schedule for Clients
  - 5.4 Long-term Care Practices
  - 5.5 Reassessment and Touch-ups
  - 5.6 Client Education on Aftercare
- **11 Eyebrow Shaping, Tinting and Lamination** — 10 classes
  - 11.1 Brow Anatomy and Hair Growth Cycle
  - 11.2 Face Mapping for Brow Design
  - 11.3 Tweezing and Trimming Techniques
  - 11.4 Threading Eyebrows Step by Step
  - 11.5 Brow Tinting and Henna Colour Choice
  - 11.6 Patch Testing Before Tinting
  - 11.7 Brow Lamination Process and Timing
  - 11.8 Neutralising and Aftercare Advice
  - 11.9 Correcting Over-Plucked Brows
  - 11.10 Brow Shaping and Tinting Practical
- **12 Eyelash Tinting and Lash Lift Procedures** — 10 classes
  - 12.1 Eyelash Structure and Growth Cycle
  - 12.2 Contra-Indications Around the Eyes
  - 12.3 Lash Tint Patch Test and Colour Choice
  - 12.4 Protecting the Eyes During Tinting
  - 12.5 Applying and Removing Lash Tint Safely
  - 12.6 Lash Lift Product Chemistry
  - 12.7 Silicone Shield Selection and Placement
  - 12.8 Lash Lift Processing Times
  - 12.9 Handling Eye Irritation Emergencies
  - 12.10 Lash Lift and Tint Practical Assessment
- **13 Eyelash Extension Application** — 10 classes
  - 13.1 Types of Lash Extension Styles
  - 13.2 Lash Length, Curl and Thickness Selection
  - 13.3 Lash Adhesives and Safe Use
  - 13.4 Isolating Natural Lashes Correctly
  - 13.5 Classic One-to-One Application
  - 13.6 Volume Fan Making and Application
  - 13.7 Mapping Designs for Eye Shapes
  - 13.8 Preventing Adhesive Reactions
  - 13.9 Infills and Maintenance Appointments
  - 13.10 Lash Extension Practical Assessment
- **14 Lash Removal, Aftercare and Problem Solving** — 10 classes
  - 14.1 Safe Removal With Gel Remover
  - 14.2 Cleaning Lashes After Removal
  - 14.3 Dealing With Sticky or Poor Retention Lashes
  - 14.4 Managing Allergic Reactions to Adhesive
  - 14.5 Advice on Sleep, Water and Mascara
  - 14.6 Home Cleaning Routine for Lash Wearers
  - 14.7 Recording Retention and Damage
  - 14.8 Referring Eye Infections Immediately
  - 14.9 Consulting for Lash Health Breaks
  - 14.10 Aftercare and Troubleshooting Review
- **15 Micropigmentation Principles, Pigments and Skin Preparation** — 10 classes
  - 15.1 What Micropigmentation Is and Is Not
  - 15.2 Skin Layers and Pigment Depth
  - 15.3 Pigment Types and Colour Theory
  - 15.4 Skin Tone and Undertone Matching
  - 15.5 Face Shape and Symmetry Measurement
  - 15.6 Contra-Indications and Medical History
  - 15.7 Consent, Patch Tests and Photographs

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